

OUTPATIENT COUNSELING SERVICES

Available to students, staff and faculty at BC3



Individual Therapy

Our therapists strive to promote wellness for individuals through the use of strengths-based principles and interventions. Through a collaborative process, our therapists will help you overcome issues including but not limited to depression, loss, anxiety, anger and other life challenges.

Family Therapy

If desired, family therapy can be a valuable option for addressing complex challenges within the family. A trained therapist can work with you and your family members to explore issues, set goals, and strengthen relationships, fostering a more cohesive family unit.

Clinical Assessment & Medication Management

Glade Run's psychiatrists and nurse practitioners provide friendly, informative and compassionate care. Prescribers collaborate with you and use a holistic approach to ensure optimal health and well-being.

To Get Started —

To schedule an appointment or to learn more about Glade Run's counseling services, call our outpatient referral coordinator at **724-452-4453, ext. 1084.**



Scan to submit an Inquiry Form online.

Most major insurance and medical assistance is accepted, however, credentialing varies by therapist. Please call to confirm your eligibility if you have a preferred therapist.

