



Get to know us!

Glade Run Adventures

Empowering Individuals through Experiences in Nature

Choose your adventure! Glade Run Adventures offers fun, therapeutic experiences. Tailored to individual goals, participants of all ages can enjoy and benefit from these unique interactive experiences with plants, animals and the natural environment.

Therapeutic Lessons

Make friends, feel calmer and more confident and improve your relationships – all while having FUN!

- Equine Assisted Learning
- Nature Based Learning

Group Learning

Bring your groups to have an empowering experience!

- Lunch & Learn
- Equine Assisted Off-Site Retreats
- Wellness Workshops

Adventures Camps

Kids can enjoy a FUN Summer Camp while developing social skills.

- Specialized Adventures Camp
- Independent Riders Camp

Counseling

Improve your mental health through engaging in therapy that focuses not just on your thoughts, but your experiences.

- Equine Assisted Psychotherapy
- Experiential Therapy
- Trauma Therapy



**GLADE RUN
ADVENTURES**

Serving Our Communities Since 1854

30 Glade Run Drive | Zelienople, PA 16063
724-452-4453, ext. 1236
www.gladerunadventures.org



Therapeutic Lessons

Make friends, feel calmer and more confident & improve your relationships — all while having FUN!

Equine Assisted Learning

Join the fun with horses! Whether neurotypical or neurodiverse, everyone is welcome! Learn and practice skills focused on making friends, feeling calmer, building confidence and improving communication and relationships. Equine specialists with years of training in working with humans and horses will pair you to the right horse and create lessons designed to meet goals that you set. Lessons may take place in our indoor arena, covered outdoor arena, or on trail.

8, 10 or 12 Week Sessions

(pricing for 8-week sessions)

Private Lessons - \$400 for 30 minutes

Group Lessons (3-4 participants) - \$550/each for 60 minutes

Single Lesson —

Single lessons can be scheduled to explore participant interest or to extend sessions. \$50 for 30 minutes/person

Nature Based Learning

Unplug and enjoy! You are a part of nature, gain the numerous benefits of connecting with it! Environmental educators help you to make the most of this connection by providing lessons in our greenhouse, gardens, or woodland areas.

8, 10 or 12 Week Sessions

(pricing for 8-week sessions)

Private Lessons - \$280 for 30 minutes

Group Lessons (3-4 participants) - \$200/each for 60 minutes

Single Lesson - Single lessons can be scheduled to explore participant interest or to extend sessions. \$35/hr./person

Group Learning

Bring your groups to have an empowering experience!

Lunch & Learn

FREE and open to leadership staff of organizations interested in partnering with Adventures for regularly scheduled group experiences. Lunch & Learns provide a taste of what your group will receive.

Equine Assisted Off-Site Retreats

This program focuses on strengthening team interactions. Identify ways to improve communication, problem solve, strengthen individual relationships and experience renewed energy.

Morning or Afternoon Session

\$500 (up to 10 participants)

Wellness Workshops

Practice established techniques to reduce stress, re-energize, engage your senses, and connect with the natural world around you. Workshops may include a wide variety of experiences, depending on group interest, including partnering with our therapy horses, horticultural activities, therapeutic art, therapeutic yoga and more!

90 Minute Session - \$25/person

Maximum of 12 and minimum of 6 participants/workshop

Adventures Camps

Kids can enjoy a FUN Summer Camp experience while developing social skills!

Specialized Adventures Summer Camp

This two-week day camp is specifically designed for children diagnosed on the autism spectrum who are ready to make friends, however, any child ages 8 to 18 in need of social skill development is considered. Campers spend their day participating in all of the traditional camp fun like arts and crafts, games, therapeutic riding, playing in nature and so much more!

2 Week Camp - \$1,600

Registration fees may be covered by school districts or grant funding

Contact Carey at cbailey@gladerun.org

Independent Riders Camp

Participants who are able to independently connect with horses can deepen this connection to their equine partners by spending more time and guided instruction during one, two or all three of the week-long camps offered.

\$460per week / Discounted rate of \$1,155 for those taking all 3 weeks

Contact Shannon at spingenot@gladerun.org

Counseling

Improve your mental health through engaging in therapy that focuses not just on your thoughts, but your experiences.

Equine Assisted Psychotherapy

Partner with horses, a trained mental health clinician and an equine specialist to experience change. Additional fees required for mounted work.

Experiential Therapy

Partner with the natural world to reduce anxiety, depression and improve many more mental health challenges. Sessions are held in woodlands, trails, greenhouse, gardens or in animal pastures depending on client interest.

Trauma Therapy

Put the past in the past and prepare for a better future through trauma treatment at Adventures.

Evidence based treatment modalities are utilized by trained clinicians to support participants in reaching their goals. Counseling services may be covered by your insurance. Individual and group counseling available.

Contact Julie at jwahlenmayer@gladerun.org

