

Transitions Program

A day program for young adults ages 14-21 years



This program provides young adults with autism spectrum disorders (ASD) and other neurotypical challenges with the tools and experiences needed for a successful transition to employment and adult life.

About the Transitions Program

Glade Run's Transitions Program offers an innovative curriculum developed by experts who believe that young adults are most successful when purposefully engaged in self-directed and experiential learning. Program staff work with participant's IEP team to develop and implement an individualized transitions plan. Parental involvement and buy-in by the young adult are crucial elements in supporting the team approach.

The Transitions Program offers support in the areas of:

- **Independent Living Skills**
Includes: cooking, cleaning, laundry and Healthy Relationships curriculum
- **Employment / Vocational Skills**
Includes: career portfolio, mock interviews, local college tours
- **Social Skills**
Includes community outings, use of money skills in real life experiences, social interactions with peers other than fellow classmates, YMCA memberships
- **College Readiness**

Glade Run is uniquely positioned to provide comprehensive transitional programming. In addition to the Transitions house, the campus offers access to our Sensory Playground (a unique outdoor space specifically designed to meet the sensory, physical and socialization needs of individuals with autism) and Glade Run Adventures, our therapeutic animal and horticulture program. Off campus, the small town business district of Zelienople is within walking distance. A short drive provides access to the community, local businesses and colleges.



www.gladerun.org

For more information on the Transitions Program or to schedule a tour, contact Kelly Wheeler at **724-452-4453**, ext. 1124 or kwheeler@gladerun.org.

Unique Program Features

- Transitions programming utilizes a fully functional house to practice independent living skills, social skills and healthy relationships.
- The curriculum includes both community based instruction, which provides young adults with real life experiences, as well as traditional classroom instruction.
- As needed, home site visits may be scheduled to help reinforce positive independent living skills.
- The program houses an onsite PAES (Practical Assessment Exploration System) lab which offers a hands-on approach to sample a variety of work activities and provides relevant assessment based on a student's work, attitude, feedback and success. Work components include activities in Business/Marketing, Construction/Industrial, Consumer/Service, Processing/Production and Computer/Technology.
- Fun nights are scheduled on a regular basis allowing our young adults to engage in a variety of fun activities, extend their social circles and develop friendships.
- The program promotes generalization while focusing on increasing independence, gaining soft skills for employment and developing social skills.