



OCTOBER 2024 BREAKFAST MENU

DAILY ENTRÉE ALTERNATES

**Asst. Cereals or Pop Tarts
with Fruit**

OTHER ITEMS AVAILABLE DAILY

**Asst. Yogurt
Asst. Fresh/Canned Fruit
Choice of Milk
Asst. 100% Fruit Juice**

Monthly Health Tip

Get outdoors!

Enjoy the crisp, cool air by getting outdoors! Start a new family tradition by going on a family walk before or after dinner.

**All meals are reimbursable.*

**All student meals are free as we participate in a program called CEP (Community Eligibility Provision).*

MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BREAKFAST SANDWICH W/ FRUIT	2 BREAKFAST BURRITO W/ FRUIT	3 PANCAKE & SAUSAGE STICK W/ FRUIT	4 SWEET BREAD W/ FRUIT
7 BREAKFAST SANDWICH W/ FRUIT	8 DONUTS W/ FRUIT	9 BREAKFAST BURRITO W/ FRUIT	10 Early Dismissal CINNAMON ROLL W/ FRUIT	11 IN-SERVICE DAY NO SCHOOL
14 HOLIDAY NO SCHOOL	15 DANISH W/ FRUIT	16 BREAKFAST BURRITO W/ FRUIT	17 BREAKFAST SANDWICH W/ FRUIT	18 SWEET BREAD W/ FRUIT
21 BREAKFAST SANDWICH W/ FRUIT	22 SWEET BREAD W/ FRUIT	23 BREAKFAST BURRITO W/ FRUIT	24 BREAKFAST SANDWICH W/ FRUIT	25 DONUTS W/ FRUIT
28 BREAKFAST SANDWICH W/ FRUIT	29 DONUTS W/ FRUIT	30 BREAKFAST BURRITO W/ FRUIT	31 WAFFLES W/ FRUIT	 MUFFINS W/ FRUIT



OCTOBER | 2024 LUNCH MENU

DAILY ENTRÉE ALTERNATES

Snack Pack (Hardboiled Egg, Cheese, and Two Grain Items)
Specialty Salads (Available on select days only)

OTHER ITEMS AVAILABLE DAILY

Side Salad w/ Asst Dressing
Fresh/Canned Fruit
Choice of Milk
Water

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MENU SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Drumsticks Parsley Potatoes Broccoli PBJ Sandwich	1 Hot Dog Cheese Crackers Baked Beans PBJ Sandwich	2 Chicken Tenders Mashed Potatoes Peas PBJ Sandwich	3 Meatball Hoagie Mixed Veggies PBJ Sandwich	4 Buffalo Chicken Pizza Juice PBJ Sandwich
7 Chicken Parm Pasta Green Beans Pepperoni Sandwich	8 Turkey Mashed Potatoes Mixed Veggies Pepperoni Sandwich	9 BBQ Chicken Sandwich Baked Beans Pepperoni Sandwich	10 Early Dismissal Cheesy Breadsticks w/ Marinara Apple Slices Pepperoni Sandwich	11 IN-SERVICE DAY NO SCHOOL
14 HOLIDAY NO SCHOOL	15 Turkey Bacon Sandwich Broccoli Hoagie Sandwich	16 Walking Taco Corn Hoagie Sandwich	17 Chicken Patty French Fries Peas Hoagie Sandwich	18 Grilled Cheese Tomato Soup Hoagie Sandwich
21 Chicken Tenders French Fries Baked Beans PBJ Sandwich	22 Chili Chips Veggies PBJ Sandwich	23 Buffalo Chicken Sandwich Celery Sticks PBJ Sandwich	24 Cheeseburger Smiley Fries Broccoli PBJ Sandwich	25 Cheese Pizza Juice PBJ Sandwich
28 Chicken Nuggets Rice Edamame Italian Wrap	29 Salisbury Steak Mashed Potatoes Dinner Roll Italian Wrap	30 Omelet Pancakes or French Toast Fruit Cup Italian Wrap	31 Rotini w/ Meatballs Green Beans Italian Wrap	Hot Ham & Cheese on Pretzel Roll Italian Wrap