

Independent Living Experience (ILE)

A unique opportunity for adults ages 18-35 with autism and/or intellectual disabilities to experience independence.



2024 Dates | Sunday - Friday

Week 1: June 9-14

Week 2: June 16-21

Week 3: June 23-28

Week 4: July 28 - August 2

Week 5: August 4-9

➔ Waiver Funding Accepted

About the Experience

Glade Run Lutheran Services is offering an innovative opportunity for adults with autism and/or intellectual disabilities to experience living away from home for six days. These individuals will gain confidence and an understanding of their true abilities.

Participants will reside in Matthew House located on Glade Run's campus in Zelienople, PA. During this experience, participants will engage in a variety of presentations and activities designed to:

- increase social skills
- promote adult readiness
- build on employment skills
- encourage independence

Nightly group social activities will be based on a group decision.

Glade Run staff will provide 24-hour supervision and support.

Program Eligibility

Glade Run's Independent Living Experience is designed for:

- individuals diagnosed with autism and/or an intellectual disability that are **ages 18 to 35 years**
- individuals who have the ability to self-administer all medications
- individuals who have the ability to navigate the community with support at a 1:5 ratio

Payment Options

- **Waiver funding** (call Supports Coord.)
I.L.E. is a RESPITE CAMP, 24 hrs.,
CODE W7285
Glade Run Lutheran Services
100754254
- **Apply for a scholarship online**
www.gladerun.org
- **Extended School Year option**
- **Private pay** (payment plans available)
- **Use Purchase Services Link** (at
www.gladerun.org) to pay

Program Details

Cost: \$2,000/person (payment plan available)

Waiver funding accepted.

Financial needs-based scholarships available. Speak to your Supports Coordinator to discuss other funding options.

Amenities:

- Private bedroom and bathroom
- Fully equipped kitchen
- Large common area
- Game room
- Free WiFi
- Laundry facility on site
- 24-hour supervision and support

Participants should bring:

- Hygiene supplies (including shampoo, conditioner, soap, deodorant, razor, shaving cream, toothpaste and toothbrush)
- Twin bed sheet, pillow, blanket
- Bath towels and washcloths
- Sunscreen
- Bathing suit and towel
- Exercise clothes and tennis shoes
- 6 days of clothes/shoes and 1 day dress clothes and shoes
- Medication in travel case, labeled
- \$100 in cash spending money (kept in purse or wallet)
- Umbrella
- Comforts from home

Weekly Activities

Each day has a specific focus but also includes morning meetings, self care, nightly group activities, meal preparation and physical exercise. Also, presentations by professional speakers and agencies are provided.

**Topics may change*

Sunday (Arrival)

- House tour and expectations
- Campus tour
- Meal planning
- Movie
- Self Care

Monday (Independent Living Skills)

- Grocery shopping
- House jobs
- Exercise
- Money management

Tuesday (Employment Skills)

- Certifications / Trainings
- Presentations
- Employability Skills

Wednesday (Independent Living Skills)

- Relationships
- Laundry
- Table etiquette / Manners

Thursday (Employment Skills)

- Certifications / Trainings
- Work readiness
- Hands-on work experience

Friday (Social Skills)

- Breakfast in community
- Interpersonal Skills
- House jobs

Program Cost: \$2,000/person (payment plan available)

For More Information / To Apply

Visit www.gladerun.org/ILE

Applicants must complete an online application. Space is limited. Payment plan available. Waiver funding accepted.

**Eligibility contingent upon approval of application. Space is limited, so please register early. Completion of an application does not imply acceptance. All applicants will be contacted by Glade Run.*



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www.gladerun.org/ILE