



# MARCH 2023 BREAKFAST MENU

**CEREAL W/ POPTART &  
FRUIT AVAILABLE EVERY  
DAY**

**OTHER ITEMS AVAILABLE  
EVERY DAY**

**Yogurt  
Extra Fruit  
Milk**

**\*100% fruit juice offered  
some days**

## *Monthly Health Tip*

Make it easy! Keep a bowl of fruit on the kitchen table or countertop. It makes it easier to choose a healthy snack when it's in plain sight!

*\*All meals are reimbursable.*

*\*All student meals are free as we participate in a program called CEP (Community Eligibility Provision).*

**MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> BREAKFAST BURRITO W/ FRUIT	<b>2</b> WAFFLE W/ FRUIT	<b>3</b> CINNAMON ROLL W/ FRUIT
<b>6</b> BREAKFAST SANDWICH W/ FRUIT	<b>7</b> SWEET BREAD W/ FRUIT	<b>8</b> BREAKFAST BURRITO W/ FRUIT	<b>9</b> SWEET BREAD W/ FRUIT <b>Early Dismissal</b>	<b>10</b> IN-SERVICE DAY NO SCHOOL
<b>13</b> BREAKFAST SANDWICH W/ FRUIT	<b>14</b> MUFFINS W/ FRUIT	<b>15</b> BREAKFAST BURRITO W/ FRUIT	<b>16</b> <b>17</b> MUFFINS W/ FRUIT	
<b>20</b> BREAKFAST SANDWICH W/ FRUIT	<b>21</b> SCONE W/ FRUIT	<b>22</b> BREAKFAST BURRITO W/ FRUIT	<b>23</b> <b>24</b> TURNOVER W/ FRUIT	
<b>27</b> BREAKFAST SANDWICH W/ FRUIT	<b>28</b> CINNAMON ROLL W/ FRUIT	<b>29</b> BREAKFAST BURRITO W/ FRUIT	<b>30</b> WAFFLE W/ FRUIT	<b>31</b> CINNAMON ROLL W/ FRUIT



# MARCH | 2023 LUNCH MENU

## ITEMS AVAILABLE EVERY DAY

Side Salad w/ Asst Dressing  
Fresh/Canned Fruit  
Milk  
Water

### Monthly Health Tip

Make it easy! Keep a bowl of fruit on the kitchen table or countertop. It makes it easier to choose a healthy snack when it's in plain sight!

*\*All meals are reimbursable.*

*\*All student meals are free as we participate in a program called CEP (Community Eligibility Provision).*

**MENU SUBJECT TO CHANGE**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Fish Sticks Mac 'n Cheese Broccoli  Ham & Turkey Flatbread	<b>2</b> Grilled Cheese Sandwich Tomato Soup  Ham & Turkey Flatbread	<b>3</b> Pizza Wedding Soup Carrots  Ham & Turkey Flatbread
<b>6</b> Chicken Tenders Baked Beans Dinner Roll  Italian Wrap	<b>7</b> BBQ Bacon Chicken Sandwich Broccoli  Italian Wrap	<b>8</b> Nacho Grande Corn  Italian Wrap	<b>9</b> Breakfast Pizza Fruit Italian Wrap <b>Early Dismissal</b>	<b>10</b> IN-SERVICE DAY NO SCHOOL
<b>13</b> Chicken Nuggets Cookies Broccoli  Pepperoni Sandwich	<b>14</b> BBQ Pulled Pork Sandwich Vegetable  Pepperoni Sandwich	<b>15</b> Cheeseburger Baked Beans Vegetables  Pepperoni Sandwich	<b>16</b> Omelet French Toast Bacon & Fruit Cup  Pepperoni Sandwich	<b>17</b> Pizza Wedding Soup Carrots  Pepperoni Sandwich
<b>20</b> Chicken Patty Sand Chips Baked Beans  PB&J Sandwich	<b>21</b> Mac 'n Cheese Dinner Roll Broccoli  PB&J Sandwich	<b>22</b> Walking Taco Corn  PB&J Sandwich	<b>23</b> Breakfast Pizza Fruit  PB&J Sandwich	<b>24</b> Corndog Peas  PB&J Sandwich
<b>27</b> Hot Dog Baked Beans Peas  Ham & Turkey Flatbread	<b>28</b> Chili Chips Vegetables  Ham & Turkey Flatbread	<b>29</b> Fish Sticks Mac 'n Cheese Broccoli  Ham & Turkey Flatbread	<b>30</b> Grilled Cheese Sandwich Tomato Soup  Ham & Turkey Flatbread	<b>31</b> Pizza Wedding Soup Carrots  Ham & Turkey Flatbread