

Location

Glade Run Adventures
30 Glade Run Dr.
Zelienople, PA 16063

Cost & Application

Young Adults camp - \$300

Young Riders camp - \$300

Independent Riders camp - \$400 per week with a \$200 discount if registered for all 3 weeks

All campers must complete an online application at <https://forms.gle/1V8PWGQdUpcL6mbf7>
Payment is due in full two weeks prior to the start of camp and can be completed online at <https://gladerun.org/purchase-services/>

For More Information

If you would like more information about Glade Run's Independent Rider Camps, please call **Cynthia Skalyo, Therapeutic Lesson Program Coordinator, at 724-452-4453 x1236** or email at cskalyo@gladerun.org.

**Eligibility contingent upon approval of application. Space is limited, so please register early. Completion of an application does not imply acceptance. A confirmation will be sent to all campers.



**GLADE RUN
ADVENTURES**

Serving Our Communities Since 1854

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Zelienople, PA 16063
724-452-4453 x1236

www.gladerunadventures.org

Glade Run Adventures Independent Rider Camps



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Who is this camp for?

Glade Run Adventures Independent Rider Camps are summer horse camps specially designed for riders in need of some social skills support. Most campers have a diagnosis on the autism spectrum and/or have other mental health challenges, however, the camp is open to anyone in the community. A variety of camps are available for riders between the ages of 5 and 29 years.

Campers should have:

- Some basic horseback riding experience
- The ability to participate in camp activities in a group of peers at a 5:1 rider to staff ratio
- No history or current high levels of aggression or dangerous behavior

Campers who are new to horseback riding can look into our Specialized Adventures Camp

What camps are available?

Young Adults Camp

For ages 18-29
May 22-26 from 3:30-7:30pm

Riders should be able to steer and control their horse independently at a walk.

Young Riders Camp

For ages 5-10
June 12-16 from 9am-12pm

Riders should be able to steer and control their horse independently at a walk.

Independent Riders Camp

For ages 10-18
July 10-14 from 12:30-4:30pm - Dressage Focus
July 16-20 - 12:30pm-4:30pm - Obstacle Focus
July 23-27 - 12:30pm-4:30pm - Trail Focus

Riders should be able to steer and control their horse independently at the walk and trot.

What will my camper be doing?

These are horse focused camps with a goal of improving mental health and social skills.

Your camper will:

- Ride a horse for an hour each day
- Learn about ground handling
- Practice horse care skills
- Gain other knowledge about horses including horse sports, nutrition, vet care, tack and more!

These activities are designed for:

- Socialization and leadership
- Improving self-esteem and decision making
- Reducing anxiety
- Emotional/behavior management
- Improving concentration
- Sensory integration
- Exploring and expressing feelings and emotions
- Learning group work to accomplish tasks

