### Location

Glade Run Adventures 30 Glade Run Dr. Zelienople, PA 16063

## **Cost & Application**

Young Adults camp - \$300 Young Riders camp - \$300 Independent Riders camp - \$400 per week with a \$200 discount if registered for all 3 weeks

All campers must complete an online application at **https://forms.gle/1V8PWGQdUpcL6mbf7** Payment is due in full two weeks prior to the start of camp and can be completed online at **https://gladerun.org/purchase-services/** 

## For More Information

If you would like more information about Glade Run's Independent Rider Camps, please call **Cynthia Skaylo, Therapeutic Lesson Program Coordinator, at 724-452-4453 x1236** or email at **cskalyo@gladerun.org**.

\*\*Eligibility contingent upon approval of application. Space is limited, so please register early. Completion of an application does not imply acceptance. A confirmation will be sent to all campers.

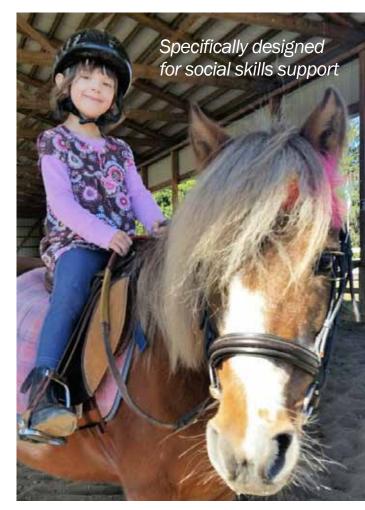




30 Glade Run Drive Zelienople, PA 16063 724-452-4453 x1236

www.gladerunadventures.org

# Glade Run Adventures Independent Rider Camps





## Who is this camp for?

Glade Run Adventures Independent Rider Camps are summer horse camps specially designed for riders in need of some social skills support. Most campers have a diagnosis on the autism spectrum and/or have other mental health challenges, however, the camp is open to anyone in the community. A variety of camps are available for riders between the ages of 5 and 29 years.

#### **Campers should have:**

- Some basic horseback riding
  experience
- The ability to participate in camp activities in a group of peers at a 5:1 rider to staff ratio
- No history or current high levels of aggression or dangerous behavior

\*\*Campers who are new to horseback riding can look into our Specialized Adventures Camp\*\*

## What camps are available?

#### Young Adults Camp

For ages 18-29 May 22-26 from 3:30-7:30pm Riders should be able to steer and control their horse independently at a walk.

#### Young Riders Camp

For ages 5-10 June 12-16 from 9am-12pm Riders should be able to steer and control their horse independently at a walk.

#### **Independent Riders Camp**

For ages 10-18 July 10-14 from 12:30-4:30pm - Dressage Focus July 16-20 - 12:30pm-4:30pm - Obstacle Focus July 23-27 - 12:30pm-4:30pm - Trail Focus Riders should be able to steer and control their horse independently at the walk and trot.

## What will my camper be doing?

These are horse focused camps with a goal of improving mental health and social skills.

#### Your camper will:

- Ride a horse for an hour each day
- · Learn about ground handling
- Practice horse care skills
- Gain other knowledge about horses including horse sports, nutrition, vet care, tack and more!

#### These activities are designed for:

- Socialization and leadership
- · Improving self-esteem and decision making
- Reducing anxiety
- Emotional/behavior management
- Improving concentration
- · Sensory integration
- Exploring and expressing feelings and emotions
- · Learning group work to accomplish tasks