



2022 Dates, Sunday - Friday

Week 1: June 12-17

Week 2: June 19-24

Week 3: June 26-July 1

Week 4: July 31-August 5

Week 5: August 7-12

I.L.E. Independent Living Experience

A unique opportunity for adults **ages 18-35** with autism and/or intellectual disabilities to experience independence.



About the Experience

Glade Run Lutheran Services is offering an innovative opportunity for adults with autism and/or intellectual disabilities to experience living away from home for six days. These individuals will gain confidence and an understanding of their true abilities.

Participants will reside in Matthew House located on Glade Run's campus in Zelienople, PA. During this experience, they will engage in a variety of lessons and activities designed to:

- increase social skills
- promote adult readiness
- build on employment skills
- encourage independence

Nightly group social activities will be based on a group decision.

Glade Run staff will provide 24-hour supervision and support.

Program Eligibility

Glade Run's Independent Living Experience is designed for:

- individuals diagnosed with autism and/or an intellectual disability that are **ages 18 to 35 years**.
- individuals who have the ability to self-administer all medications
- individuals who have the ability to navigate the community with support at a 1:5 ratio

Payment Options

- **Waiver funding** (call Supports Coordinator) I.L.E. is a RESPITE CAMP, 24 hrs., CODE W7285
Glade Run Lutheran Services
100754254
- **Apply for a scholarship online**
www.gladerun.org
- **Extended School Year option**
- **Private pay** (payment plans available)
- **Use Purchase Services Link** (at www.gladerun.org) to pay

Program Details

Cost: \$1,500/person (payment plan available)

Waiver funding accepted.

Financial needs-based scholarships available. Call to discuss payment options.

Amenities:

- Private bedroom and bathroom
- Fully equipped kitchen
- Large common area
- Game room
- Free WiFi
- Laundry facility on site
- 24-hour supervision and support

Participants should bring:

- Hygiene supplies (including shampoo, conditioner, soap, deodorant, razor, shaving cream, toothpaste and toothbrush)
- Twin bed sheet, pillow, blanket
- Bath towels and washcloths
- Sunscreen
- Bathing suit and towel
- Exercise clothes and tennis shoes
- 6 days of clothes/shoes and 1 day dress clothes and shoes
- Medication in travel case, labeled
- \$100 in cash spending money (kept in purse or wallet)
- Umbrella
- Comforts from home

Week's Activities Overview

Each day has a specific focus but also includes morning meetings, self care, nightly group activities, meal preparation and physical exercise. Also, presentations by professional speakers are provided.

*Topics may change

Sunday (Arrival)

- House tour and expectations
- Campus tour
- Meal planning
- Order pizza
- Movie
- Self Care

Monday (Independent Living Skills)

- Grocery shopping
- House jobs
- Exercise at YMCA
- Money management

Tuesday (Employment Skills)

- Certifications / Trainings
- Interview basics
- Dressing for success

Wednesday (Independent Living Skills)

- Dating / Relationships
- Laundry
- Hair cuts
- Table etiquette / Manners
- Fine dining

Thursday (Employment Skills)

- Certifications / Trainings
- Work readiness
- Hands-on work experience

Friday (Social Skills)

- Breakfast in Zelienople community
- Picnic lunch
- House jobs

For more information or to apply:

Visit www.gladerun.org/ILE

Applicants must complete an online application. Space is limited. Payment plan available. Waiver funding accepted.

*Eligibility contingent upon approval of application. Space is limited, so please register early. Completion of an application does not imply acceptance. All applicants will be contacted by Glade Run.



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www.gladerun.org/ILE