



Glade Run Adventures COVID-19 Protocols

*These protocols are subject to change based on evolving circumstances and knowledge.
Latest Revision 1/14/21*

All Persons (staff/volunteers/participants/lessees/etc.)

1. All persons are encouraged to be vaccinated and boosted as soon as eligible.
2. **MASKS**
 - a. Masks must be worn indoors by all staff /volunteers, regardless of vaccination status.
 - b. Masks may only be removed indoors when eating/drinking and further than 6' from others or if alone, behind closed doors.
 - c. Masks must be worn outdoors if within 3' of others by all staff /volunteers, regardless of vaccination status.
 - d. Masks are not required but are highly encouraged for all students/clients.
3. All persons should maintain social distancing whenever possible.
4. All persons are encouraged to practice frequent hand washing and/or the frequent use of hand sanitizer.
5. All persons must stay home when sick.
6. **REPORT** suspected and confirmed cases. All persons who have recently been at the facility and have a suspected or confirmed case of COVID-19 are required to report to JWahlenmayer@gladerun.org (724) 452-4453 ext. 1236. Required actions will be determined based on the details of exposure.

Glade Run is following updated CDC guidance regarding isolation and quarantine protocols:

If you test positive for COVID-19 (Isolate)

- Everyone, regardless of vaccination status
 - Stay home for 5 days
 - If you have no symptoms or your symptoms are resolving after 5 days you can leave your house and continue to wear a mask when around others for 5 days, and following Glade Run's masking procedures.
 - If you have a fever continue to stay home until your fever resolves

If you were exposed to someone with COVID-19 (Quarantine)

- If you have been boosted or completed the primary series of Pfizer or Moderna Vaccine within the last 6 months, or completed the primary series of Johnson and Johnson vaccine with the last two months:
 - Wear a mask around others for 10 days and continue to follow mask procedures when at Glade Run.
 - Test on day 5, if possible
 - If you develop symptoms get a test and stay home.
- If you completed the primary series of Pfizer or Moderna Vaccine **over 6 months** ago and are **not boosted** or completed the primary series **of J&J over two months ago and are not boosted** or are **UNVACCINATED**:
 - Stay home for 5 days. After that continue to wear a mask around others for 5 additional days and follow Glade Run's mask policy when at work.
 - If you can't quarantine you must wear a mask for 10 days
 - If you develop symptoms get a test and stay home.

Visitors

1. All visitors to the program must be scheduled and visitors must adhere to all protocols.

Volunteerism

1. Volunteers must always be scheduled and will be scheduled at the minimum number necessary to meet the needs of the Adventures Program.

Therapeutic Riding Lessons

1. All participants in the therapeutic riding program must adhere to Covid-19 protocols.
2. Lesson participants are not required to wear face masks but are encouraged to do so if possible.
3. Riders will be required to have and use their own helmets.
4. Families should bring the minimum number of people needed to care for the rider to help limit the number of people on site.
5. Riders and family members must maintain social distancing when out of vehicles.
6. Families should leave promptly after class to allow for disinfection and to limit the number of people on site.
7. Instructors and volunteers will provide assistance to riders from the side or back as much as possible - avoiding standing directly in front of them as much as possible.
8. Instructors will wear their masks when within proximity of others, but will remove their mask according to CDC infection control guidelines when further away for clear communication.

Specialized Adventures Camp

1. Camps may occur within [CDC](#), [PA state](#), and agency guidelines.

2. Camp staff and volunteers are required to wear face coverings when indoors and when within 3' of other persons outdoors.
3. Campers are not required to wear face masks but are encouraged to do so if possible.
4. Campers should maintain social distancing whenever possible.
5. All campers will use hand sanitizer upon arrival.
6. Transportation of campers should be limited to the minimum number of people needed to care for the participant. Campers and family members must wait in their vehicles until a staff or volunteer comes out to get them. Campers will be delivered back to their vehicles at the end of camp daily.
7. The size of camp groups will be limited to fewer than 10 participants and camp groups will avoid mingling as much as possible. Campers must stay within their specified camp group.
8. Campers should bring their own, labeled, personal items such as a water bottle, lunch, snack, clothing, and any other items such as sunscreen, bug spray, etc. in a backpack or bag which will be kept in personalized crates. There will be no sharing of personal items.
9. Items used by campers as a part of programming (helmets, boots, games, arts and craft supplies, etc.) will be wiped down or sprayed with disinfectant after each use.

Horse Lessees

1. Lessees time must always be scheduled and must not conflict with other scheduled programming,
2. Lessees may only be in the environment with the minimum number of individuals necessary to meet the safety needs of the lessee.
3. Lessees must comply with established sanitation and cleaning protocols.

ENVIRONMENTAL PROTOCOLS

1. The most commonly touched surfaces will be sprayed with disinfectant by staff and volunteers regularly.
2. All items utilized during programming will be sprayed, wiped down or dipped in disinfectant after each use.
3. Doors will be left open as much as possible to avoid touching.

Reviewed and approved by Ruth J. Girton, Vice President Quality and Compliance 4.15.2021