



Glade Run Adventures COVID-19 Protocols

*These protocols are subject to change based on evolving circumstances and knowledge.
Latest Revision 4/15/21*

All Persons (staff/volunteers/participants/lessees/etc.)

1. All persons must maintain a minimum of 3' social distancing whenever possible.
2. All persons within 6' of others must wear cloth face coverings whenever possible.
3. All persons must use provided hand sanitizer upon arrival.
4. All persons should practice frequent hand washing and/or the frequent use of hand sanitizer.
5. All persons should avoid touching eyes, nose, and mouth.
6. All persons must stay home when sick.
7. All persons who have been at the facility are required to report suspected or confirmed exposure to COVID-19.

Visitors

1. All visitors to the program must be scheduled and visitors must adhere to all protocols.

Volunteerism

1. Volunteers must always be scheduled and will be scheduled at the minimum number necessary to meet the needs of the Adventures Program.

Therapeutic Riding Lessons

1. All participants in the therapeutic riding program must adhere to Covid-19 protocols.
2. Riders will be required to have and use their own helmets.
3. Families should bring the minimum number of people needed to care for the rider to help limit the number of people on site.
4. Riders and family members must wait in cars until a volunteer/instructor comes to get them at the start of a session to avoid overlap of participants. Please do not keep cars running in the parking lot.
5. Riders and family members must maintain social distancing when out of vehicles.
6. Families should leave promptly after class to allow for disinfection and to limit the number of people on site.

7. Staff and volunteers will be responsible for grooming and tacking/un-tacking horses. Lesson participants will not be involved in grooming and tacking during to reduce exposure.
8. Instructors and volunteers will provide assistance to riders from the side or back as much as possible - avoiding standing directly in front of them as much as possible.
9. Instructors will wear their masks when within proximity of others, but will remove their mask according to CDC infection control guidelines when further away for clear communication.

Specialized Adventures Camp

1. Camps may occur within [CDC](#), [PA state](#), and agency guidelines.
2. Camp staff and volunteers are required to wear face coverings when within 6' of other persons.
3. Campers are not required to wear face masks but are encouraged to do so if possible.
4. Campers should maintain social distancing whenever possible.
5. All campers will use hand sanitizer upon arrival.
6. All staff, volunteers and campers will have a temperature check upon arrival. If temperatures exceed 100 degrees, the person will be kept from interacting with others for 15 minutes before a second temperature check. If the temperature reading is still above 100 degrees, the person will be required to leave the program.
7. Transportation of campers should be limited to the minimum number of people needed to care for the participant. Campers and family members must wait in their vehicles until a staff or volunteer comes out to get them. Campers will be delivered back to their vehicles at the end of camp daily.
8. The size of camp groups will be limited to fewer than 10 participants and camp groups will avoid mingling as much as possible. Campers must stay within their specified camp group.
9. Campers should bring their own, labeled, personal items such as a water bottle, lunch, snack, clothing, and any other items such as sunscreen, bug spray, etc. in a backpack or bag which will be kept in personalized crates. There will be no sharing of personal items.
10. Items used by campers as a part of programming (helmets, boots, games, arts and craft supplies, etc.) will be wiped down or sprayed with disinfectant after each use.

Horse Lessees

1. Lessees time must always be scheduled and must not conflict with other scheduled programming,
2. Lessees may only be in the environment with the minimum number of individuals necessary to meet the safety needs of the lessee.
3. Lessees must comply with established sanitation and cleaning protocols.

ENVIRONMENTAL PROTOCOLS

1. The most commonly touched surfaces will be sprayed with disinfectant by the first employee entering the workplace for the day
 - a. all door knobs and push bars
 - b. light switches,
 - c. toilet handles
 - d. sink faucets and stove knobs
 - e. gate latches,
 - f. cross tie snaps,
 - g. hose ends
 - h. Etc.
2. All touched items will be sprayed, wiped down or dipped in disinfectant after each use
 - a. Reins
 - b. Grooming Tools
 - c. Saddles / Saddle pads
 - d. Bridles
 - e. Etc.
3. Doors will be left open as much as possible to avoid touching
4. Windows and fans may be used to circulate air in the area

HORSES AND ANIMALS

1. Horses that are used in lessons will be sponged off along their withers, neck and head after each lesson.
2. All persons will be asked to refrain from kissing or putting their face on any part of the animals.

REPORTING AND RESPONDING TO SUSPECTED OR CONFIRMED COVID-19 EXPOSURE

1. All persons who have been at the facility are required to report suspected or confirmed exposure to COVID-19.
2. If any person who has been at the facility becomes ill, or suspects exposure to COVID-19, report this to the Adventures Program Director, Julie Wahlenmayer, at JWahlenmayer@gladerun.org or by calling (724) 452-4453 ext. 1236.
3. Implementation of protocols around decontaminating the affected areas will be initiated after suspected or confirmed exposure. These protocols include:
 - a. Waiting at least 24 hours, or as long as practical, before cleaning and disinfecting the area
 - b. If possible, closing off areas frequented by the person who is a probable or confirmed case of COVID-19

- c. Identifying and informing participants, staff and/or volunteers who were in close contact (within about 6 feet for 10 minutes or more) with a person with a probable or confirmed case of COVID-19
- d. CDC-recommended steps, including not returning to work, volunteer or participate at Adventures until the CDC criteria to discontinue home isolation are met, in consultation with health care providers and state and local health departments.

VACCINATION

1. All Adventures staff and volunteers are encouraged to receive COVID-19 vaccination.
2. For staff not fully vaccinated, or who choose not to vaccinate, all current agency protocols and policies for staff travel will remain in place, including the need for testing and quarantining upon return when traveling outside of Pennsylvania.
3. Staff are to continue to practice open communication with your supervisor about any unexpected or planned travel and follow protocols for testing and quarantining when necessary.

TRAVEL PROTOCOLS

1. All individuals involved in the Adventures Program must adhere to CDC guidelines for travel as outlined below.

For Domestic Travel

According to the CDC guidance, individuals who **are fully vaccinated** with an FDA-authorized vaccine:

- Do not need to get tested before or after travel unless their destination requires it
- Do not need to self-quarantine after travel.

The guidance advises individuals who **are not vaccinated** to:

- Take a viral test 1-3 days before a trip.
- Take a viral test 3-5 days after travel and stay home for a full 7 days after travel if the test is negative. If the test is positive, the guidance advises these individuals to follow isolation guidance.
- Stay home for 10 days after travel if not tested.

According to the guidance, **all travelers** (vaccinated and unvaccinated) should:

- Wear a mask over their noses and mouths.
- Self-monitor for symptoms.
- Stay 6 feet from others and avoid crowds.
- Wash their hands often or use hand sanitizer.

For International Travel

According to the guidance, those who **are fully vaccinated** with an FDA-authorized vaccine:

- Do not need to get tested before travel outside the United States.
- Do not need to self-quarantine after travel.

- Individuals should get a viral test 3-5 days after travel. If the test is positive, the guidance advises these individuals to follow isolation guidance.

According to the guidance, those who **are not vaccinated** should:

- Get a viral test 1-3 days before their trip outside the United States.
- Get a viral test 3-5 days after travel and stay home for a full 7 days after travel if the test is negative. If the test is positive, the guidance advises these individuals to follow isolation guidance.
- Stay home for a full 10 days after travel if not tested.