



JANUARY | 2021 BREAKFAST MENU

MEAL ALTERNATIVES AVAILABLE EVERY DAY

Cereal w/ Fruit & Milk

Granola Bars w/
Fruit & Milk

Monthly Health Tip

Top it off with protein!
Add protein to your snack with a
peanut or nut butter. Try it on
apple slices, celery, or whole
grain crackers.

**All meals are reimbursable.*

**All student meals are free as we participate
in a program called CEP (Community
Eligibility Provision).*

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Happy New Year! NO SCHOOL
4	5	6	7	8
Chocolate Donuts w/ Fruit & Milk				
11	12	13	14	15
Bagel w/ Cream Cheese w/ Fruit & Milk				
18 Martin Luther King Jr. Day NO SCHOOL	19	20	21	22
Sweet Bread w/ Fruit & Milk				
25	26	27	28	29
Blueberry Muffin w/ Fruit & Milk				

MENU SUBJECT TO CHANGE