



EQUINE ASSISTED TEAM BUILDING

What can Equine Assisted Team Building do for Your Team?

Communication. Cooperation. Collaboration. Problem Solving. Renewal.

This unique program, hosted by Glade Run Adventures, focuses on strengthening team interactions. Effective for all levels, participants will learn to work cohesively to strengthen your team as a whole. Through focused activities and individual experiences, participants will identify ways to improve communication, problem solve, strengthen individual relationships and experience renewed energy — **a benefit to team members and the organization alike.**

How it works:

- Contact Glade Run Adventures to discuss your team's needs and to schedule a date and time.
- Choose either a half day or full day experience, morning or afternoon session.
- Review and approve your specially designed itinerary and share it with your team.
- Enjoy your experience! Your event facilitator will lead the day as you take part in fun, engaging activities to meet your goals. After your session, receive a personalized follow-up summary to use for continued growth.

Session Times:

Morning
8:30 to 11:30 am
\$500 (up to 10 participants)

Afternoon
12:30 to 4:30 pm
\$500 (up to 10 participants)

Full Day
8:30 to 4:30 pm
\$900 (up to 10 participants)

All programs take place at Glade Run Adventures, Zelienople. Lunch can be included for an additional cost.

Half day sessions strengthen the team through fun activities that challenge participants to think differently and rely on each other.

Full day sessions are more in-depth, diving deeper into organizational culture and system efficiencies. It offers more skill practice and looks at interpersonal relationships.

Why Horses?

Horses naturally provide non-judgemental feedback to humans. They sense and respond to a person's emotional state, intentions and even body language. By observing a horse's response to requests and directions, individuals can learn to communicate more effectively, manage their emotions, build trust and gain confidence. Sessions are interactive but do not include riding.

For more information or to schedule your teambuilding session, contact:

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Staff certified by:



Facility Improvements by:



Equine Assisted Growth and Learning Association Corporate Team Building

