



**GLADE RUN**  
**LUTHERAN SERVICES**  
*a bridge to a brighter future*  
*through lifelong learning*



# Family Home Partnership

## In-Home Respite Care

## Behavioral Health Coach

## Case Consultant

Autism Family Support services at Glade Run are designed to address the often unmet needs of parents or caregivers of children with an autism spectrum disorder or mental health illness diagnosis.

### In-Home Respite Care

Taking care of a child with an autism spectrum disorder or mental health illness can be challenging and trying, often leading to unmanageable daily pressures. Glade Run recognizes the importance of self-care and now offers a Respite Care Program for parents and caregivers of children who have an autism spectrum disorder or mental health illness diagnosis. Providing short-term child care services in the home offers temporary relief from daily stress, improves family stability and promotes positive physical and emotional interaction. Services are provided by trained workers who deliver the appropriate attention and support while caregivers take a much needed break.

#### To receive respite care services, your child must:

- have a diagnosis of autism spectrum disorder or a mental health illness.
- be between the ages of 2 and 21 years.
- not exhibit severe aggression toward others.

#### Services:

- Respite staff will provide between two and 10 hours of respite care for one child and their siblings (additional cost per each additional child). Duties include attending to basic self-help needs and other activities that would normally be performed by the caregiver.

### Behavioral Health Coach

Children with an autism spectrum disorder or mental health illness often require extra support to learn basic behavioral skills such as language development, academic skills, self-help skills and toileting. A Glade Run behavioral health coach provides support to the child, family and other service providers to monitor and assist with *intensive teaching programming*. This type of teaching has been proven to be the most effective way to teach children with limited communication all the developmental skills required to interact with other people and communicate their needs.

#### A behavioral health coach can help:

- assess the needs of the child and caregiver and collaborate with current service providers.
- teach caregivers behavioral techniques that are required to help a child with challenging situations, such as toilet training or completing homework.
- coach parents during moments when a child engages in behaviors which impact family function.
- provide general oversight and ensure that the child is not missing any developmental skills.

#### To receive behavioral health coach services, your child must:

- have a diagnosis of autism spectrum disorder or a mental health illness.
- be between the ages of 2 and 21 years.

### Case Consultant

We recognize that parenting a child with an autism spectrum disorder or mental health illness can be an overwhelming and isolating experience. A Glade Run case consultant serves as a link to services, support and resource for caregivers and family members. These staff are compassionate and experienced in finding the right supports, navigating the system and helping you to maintain your family dynamic.

#### A case consultant can help:

- assess the needs of the child and family.
- advocate for the child and teach self-advocacy to parents allowing them to become more comfortable in this role.
- connect families with human service providers and resources that will provide support.

#### To receive case consultant services, your child must:

- have a diagnosis of autism spectrum disorder.
- be between the ages of 2 and 21 years.

For more information on Family Home Partnership services or to schedule your initial consultation, contact Glade Run at **412-661-1827 x116**.