



Make your life EPIC

EPIC (Empowering People in Community) believes every individual has the potential to heal, grow and thrive.

EPIC starts with your individual needs and we create learning opportunities tailored to you.

Our groups help promote:

- self-care and independent living skills
- socialization and leisure time
- budgeting money
- recovery principles
- healthy lifestyle habits through nutrition & personal hygiene
- developing meaningful relationships
- finding a job
- improving housing situations
- managing the symptoms of mental health conditions

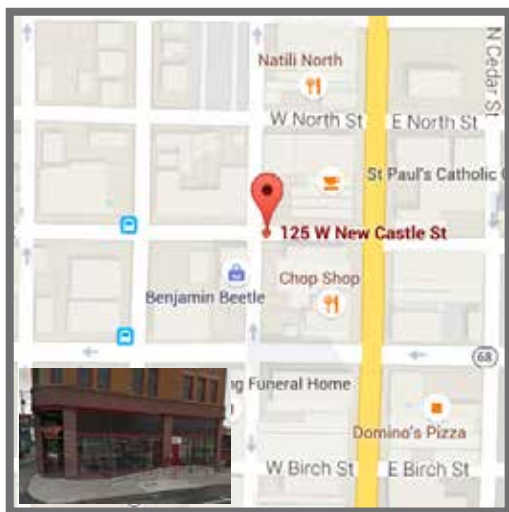


Ready to Start?

It's easy to get started! Call or email **Sara Kowalok**, our outpatient admissions coordinator at **(724) 452-4453 x1084** or skowalok@gladerun.org.

We're easy to find

Glade Run's **EPIC Center** is located on West New Castle Street; across the street from Catholic Charities and next door to the Benjamin Beetle store.



EPIC Center

125 West New Castle Street
Butler, PA 16001
(724) 452-4453, ext. 1961

Bus Routes: BTA Route 3 (Yellow) and 5 (Orange)



GLADE RUN
LUTHERAN SERVICES

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