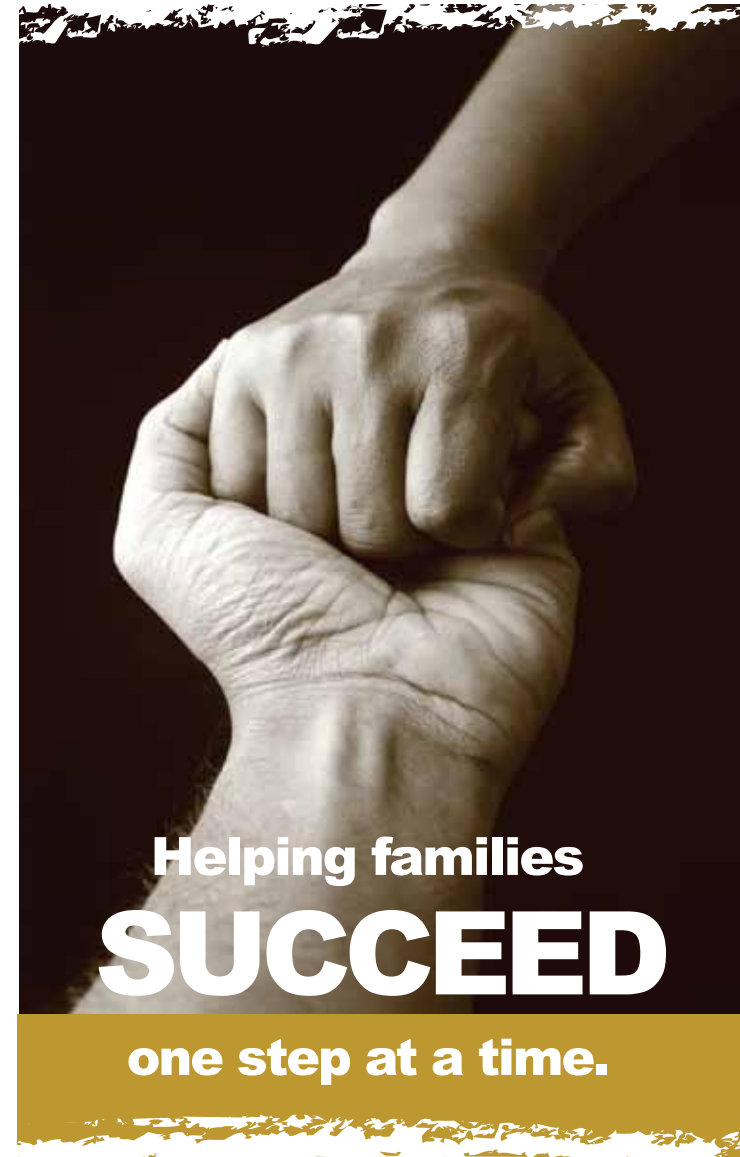


What is Open Table?

Open Table is a group of volunteers from various faith communities, state and local government, business, education and non-profits who work together with a shared purpose of lifting people out of hardship and restoring them as active members of the community.

Members of the table act as life specialists, encouraging and advocating for a distressed individual or family. Each member of the table has a specific role and focuses on a different item such as transportation, housing, health care, spiritual wellness and education. The table members help the person create goals, address items that may be holding them back, connect to needed resources and provide guidance throughout the process.

As individuals progress, they develop positive relationships and establish a network of support all of their own.



Helping families
SUCCEED

one step at a time.

Open Table in collaboration with



GLADE RUN
LUTHERAN SERVICES

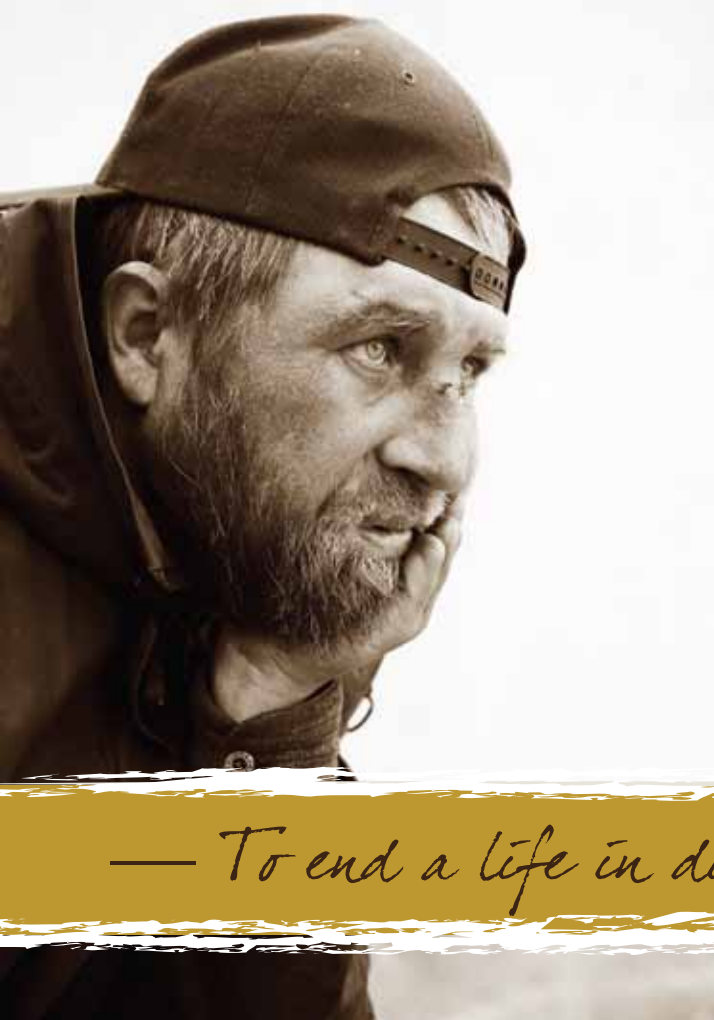
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Life can be challenging, difficult and unfair. It can leave us feeling hopeless and defeated.

Open Table offers a way to restore hope and **help you help yourself**. Through resources provided by the group, you can develop life goals, find solutions to things that are holding you back and move closer to the life that you want to have.



How Does Open Table Work?

The goal of Open Table is to empower individuals to lift themselves out of hardship by connecting them with the resources, tools and training they need to succeed and maintain life as a productive part of the community.

Candidates for Open Table can be referred by Glade Run Lutheran Services, another agency or individual. Candidates undergo a thorough behavioral and psychological screening before being accepted into the program. The screening is conducted by licensed psychologists from the Center for Psychology and Poverty in Houston, Texas. It is very important that individuals be committed to the ideas of Open Table and be at the proper stage to make the necessary life changes to succeed.

The journey is a year-long process that involves weekly meetings with your Open Table. Individuals develop life goals and work toward achieving them with assistance from the entire group. Members of the table are each responsible for a specific area (ie - housing, transportation, health care, etc.) and use their own talents and connections to provide the individual with the specific resources they need.

Is There a Cost for Open Table?

There is no monetary cost to the individual. However, individuals must have already taken some steps toward self improvement and be serious about wanting to make a positive life change.

Where do Meetings Take Place?

Meetings are held at a member church or at a central location agreed upon by the group. Because each individual's situation is different, specific needs (such as transportation, meeting times, etc.) will be looked at on a case-by-case basis.

Getting Started

Participation in Open Table means that you are serious about wanting to make a life change and are willing to commit to making it happen.

If you feel that Open Table could help you make positive life changes call **Family Partnership at Glade Run Lutheran Services at 724-452-4453 x1205** to ask questions and find out more about this life changing experience.

— *To end a life in distress, change could start at an Open Table.* —