



School Based Counseling Services

A Guide for Parents
Glade Run
Lutheran Services

School Based Services

Mental Health Partnership Program

Glade Run Lutheran Services

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GLADE RUN
LUTHERAN SERVICES



Counseling helps teach your child the skills he or she needs to manage the problems in their life. Helping them cope with the various stressors in life now teaches them long-term strategies to manage with even larger problems in the future. In addition, if your child is struggling in the school environment, we are able to help bridge the gap by emphasizing a team approach with your child, their Glade Run counselor, their educators, the community and you.

Our goal is to help your child feel their best so they can be their best in all they do.



Watch videos and read featured, original articles written by guest and parent bloggers at [gladerun.org](http://www.gladerun.org/).

Role of Parents in Counseling

Referral

Complete, sign and return the referral to your child's school. The school's contact will fax it directly to Glade Run. Insurance information is necessary; your health insurance will be billed. A co-payment may/may not be required for services - depending on your individual insurance policy.

Intake

The counselor will call to schedule a meeting with you to complete an intake interview and initial paperwork for your child to start services. This meeting should last approximately one hour. If your child is 14 or older, he or she may complete this paperwork without you present. In this case, the counselor can speak to you over the phone. Services can begin after the intake process is completed.

Regular Contact

The counselor will meet with your child on a regular basis – depending on his/her needs. You can expect regular communication from the counselor regarding your child's progress toward their goals.

Length of treatment

Ideally, counseling ends when the problem that prompted the start of counseling services becomes more manageable or is resolved.