



## REGISTRATION INFORMATION

Please register at [www.gladerun.org/adventures](http://www.gladerun.org/adventures) or call 724-452-4453 extension 1236.

Current fees and schedule available online.

Siblings of participants are welcome to register. Parents and caregivers are welcome to stay or enjoy some rest. No experience necessary!



PO Box 70 - Beaver Road  
Zelienople, PA 16063



# GLADE RUN ADVENTURES

THERAPEUTIC  
ANIMAL & HORTICULTURE  
PROGRAM



GLADE RUN  
LUTHERAN SERVICES  
*a bridge to a brighter future*

[www.gladerun.org/adventures](http://www.gladerun.org/adventures)

# GLADE RUN ADVENTURES

## THERAPEUTIC ANIMAL & HORTICULTURAL PROGRAM



We are building connections to self discovery for people facing mental health, behavioral health, physical and developmental challenges including autism. We create these opportunities for enjoyment and innovative learning through the use of plants and animals in a natural calming environment.

Glade Run Adventures offers a variety of recreational and therapeutic programs for children, adults and families. Ideal for special needs populations.



## SKILLS & GOALS

- Socialization & Leadership
- Improved self-esteem & decision making
- Reducing anxiety
- Emotional\behavioral management
- Improving concentration and sensory integration
- Analyzing and awareness of feelings through animals and nature
- Vocational and life skills
- Learning to work in groups to accomplish tasks
- Hands on education of animal and plant care
- Riding instruction, gardening skills, and environmental care



## ANIMAL & HORTICULTURAL ACTIVITIES

- Animal care through feeding, grooming, handling and exercise
- Riding instruction based on ability
- Plant-related crafts & cooking gardens (vegetable, flower, and herb)
- Plant care from creation to transplanted, composting and gardening design
- Teaching of tools and equipment used in the stables and barn

## PROGRAMS

### PRIVATE ACTIVITIES:

Experience one on one programming that is designed to meet your individual goals.

### SMALL GROUP ACTIVITIES:

Join one or two other individuals with similar goals for engaging activities in the animal and/or horticulture program.

### MINI ADVENTURES:

Groups of up to 10 participants engage in 90 minutes of horticulture, horse, and small animal activities designed to develop skills and promote self empowerment. Ideal for home schooled students, cyber students, social groups, and individual recreation. Bring a friend or come meet new ones.

### GROUP OUTINGS:

A perfect field trip for school, social, and church groups. Activities are hands on and support educational curriculum. Call us about our current programs or let's work together to create a program to meet your unique needs.

### ADVENTURES SOCIAL SKILLS GROUP:

Groups of 5-10 children participate in 90 minute sessions during a multi week, skill building social skills group. Key focus areas include peer interaction, communication, body language, hygiene.

### SUMMER CAMPS:

Therapeutic recreational summer camp June-August. Please visit [www.gladerun.org](http://www.gladerun.org) for more information.